

Master Swimfestival

18-20 september 2020

Kungsbacka Sweden



Join our Swimfestival for master swimmers in Kungsbacka Sweden.

We are looking for 50 swimmers around the world to join our Swimfestival meet for masters swimmers.

A special weekend with a 2 hour swim meet and great workouts by our coaches Therese Alshammar, Glen Christiansen, Malin Gustafsson and Anders Bladh.

The weekend will offer you social gatherings around the newly built 50m pool complex in the idyllic town of Kungsbacka, just 30 minutes ride from Göteborg, Sweden. You will enjoy our main coaches putting their view on masters swimming also we will have 3 workouts in the pool along with a swim meet, social dinner at the hotel within walking distance

The Swimfestival is a swim meet for teams and individual. This event will give you an opportunity to check your status and your form for coming competitions and at the same time

swim for your team score. Maybe it's you and your team that get the best price at saturday's dinner ceremony.

Our goal is to have a annual meeting for all masters swimmers to inspire and exchange ideas around masters swimming.

This year we will only be open for 50 individuals that are willing to give their best for a great weekend experiencing lots of fun and gathering knowhow

You are welcome to Kungsbacka, Sweden!

Only 50 spots available so enroll yourself below !

Book before 1st of september !

First come, first serve!

Schedule Swimfestival



Friday 18/9

16.15-16.45 Register at the pool

17.00-18.00 Training in the pool focusing on your main event

19.30-20.30 Seminar by Therese Alshammar at Hotel Halland

Saturday 19/9

09.00-10.00 Warm up in the pool

10.00-13.00 Swimfestival meet, see schedule

13.30 Lunch time

16.00-17.00 Training in the pool focusing on specific drills to enhance your stroke

19.30 Seminar by Glen Christiansen

20.30 Ceremony dinner at Hotel Halland with lots of fun

Sunday 20/9

09.30 Dryland training and introduction to new exercises for swimmers with Therese Alshammar

10.00-11.00 Training in the pool with different aspect of intensity

12.00 Good bye and thank you !

Meet program:

[swimfestival meet](#)

Entry and payment:

[entry swimfestival](#)

hotel kod swimfestival2020

www.hotellhalland.se/

inquire :

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