



SWIM OPEN

STOCKHOLM

POWERED BY

 **Malmsten**



General information

Malmsten Swim Open 2021 gathers 350 swimmers and around 150 coaches/staff from 22 countries.

In this document you easy can follow our organization and set-up for both the event and everything around it, also useful information how we work together with you to prevent possible infective impact. Read this document very carefully, it's a matter of full importance for all of us.

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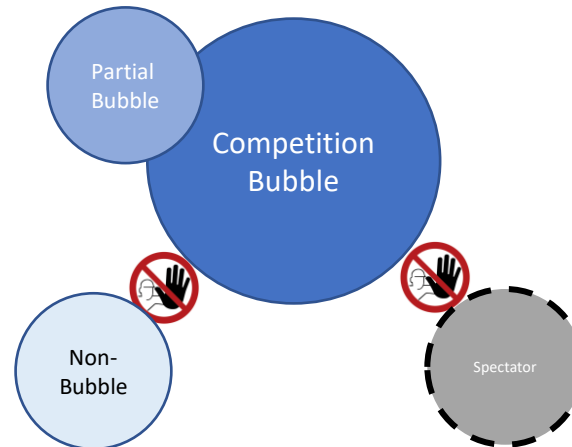
Short facts

- Swim Open Stockholm will be held at Eriksdalsbadet, the arena will be closed for public use.
- All participants (athletes & coaches) stays at Clarion Hotel Stockholm, 2 minutes walking from the arena.
- Event preparations: 6-7 of April 2021, down rigging 12 of April.
- Trainings before event: 6-7 of April 2021.
- Event dates: 8-11 of April 2021.
- Total number of participants: approx. 500 from 22 countries.
- Of them 300 International and 200 Swedish participants.
- Swim Open Stockholm is a qualifying event for EC in Budapest and the Olympics in Tokyo 2021.
- Live broadcast via Eurosport Sweden, pay per view will be possible outside Sweden.
- The event will be held without audience.
- Swim Open Organization produce clear protocols and guidelines how the event should be carried out to prevent the spread of infection and all participants expected to follow them.

The Swim Open Bubble-concept

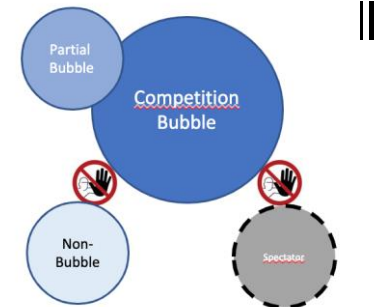
In order to be able to carry out the event infection-proof, application will take place via a so-called Swim Open Bubble-concept. This means that the participants who have a crucial role for the event (athletes/coaches/organizers) will be locked into a bubble, a kind of quarantine which includes the event arena and the hotel. This means that the shell protection will include both the Eriksdalsbadet and Clarion Hotel, the footbridge between will be used to get between training/competition and the hotel. No participants are allowed to leave this bubble before/during the event. If you need any necessities, bring them from home or ask our Swim Open Hospitality Desk at the Clarion Hotel for help.

The functions we assess are not in close contact with those who live in the bubble will have the opportunity to live at home during the event (with restrictions to avoid public transports and large crowds). This year there will be no spectators at the event.



Categories to reduce the spread of infection

- The participants will be divided into different categories to reduce contacts and reduce the spread of infection.
 - Category CB (Competition Bubble)= athletes/coaches/organizers and other in close contact with the participants.
 - Category PB (Partial Bubble) = Functions not in longer close contact with the participants like officials and others.
 - Category NB (Non-Bubble)= Functions not in any close contact with the other categories.
- All international participants are in the category CB. They are PCR-tested negative at home before arrival to Sweden and entrance to the bubble at Clarion Hotel.
- All swedish participants and the selected organizers are in the category CB. They get an AG-test at arrival to Clarion Hotel before entrance into the bubble.
- All officials in the category PB will get an AG-test the day before competition.
- All participants, officials and organizers are told to do a Health check every morning including morning temperature and wear mouth gards.
- All participants will have slot times at all meals and are only allowed to share table with teammates, recommended roommates.



International participants

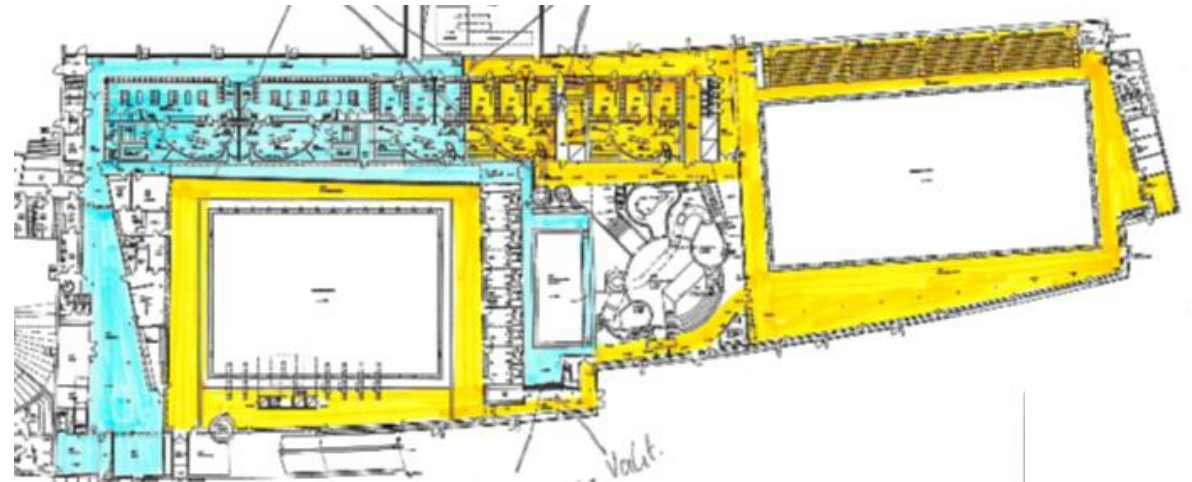
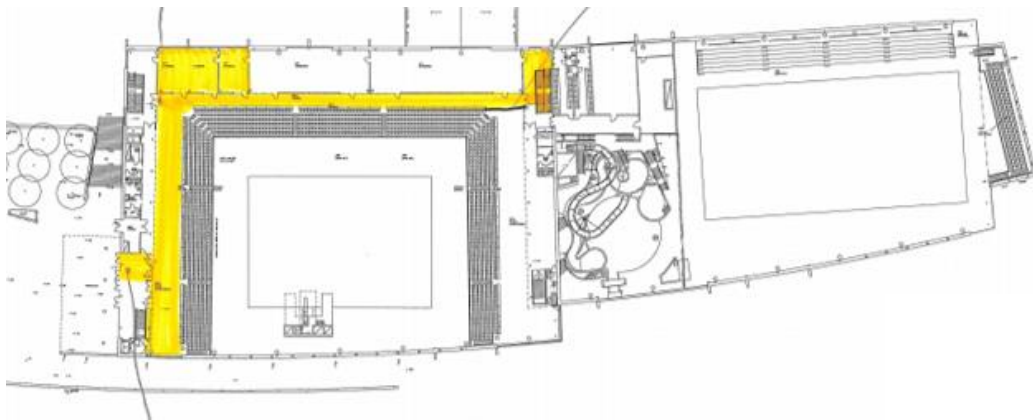
- All international participants will need a negative PCR testresult for Covid-19, maximum 48h old, to show to the customs at arrival to Sweden.
- All international participants will be picked up by bus from Arlanda and taken to Clarion Hotel. The bus will not be filled and all participants are asked to use every other seat.
- Mounthgards must be worn from arrival to departure with some exceptions at competition and meals.
- All international participants are offered to take a PCR test 24h before departure home to avoid a quarantine situation at arrival. The test cost **€140/person** and will be taken at Clarion Hotel. The test include an english testresult on paper.
All interested must notify latest the **10th of March** by fill in and mail the PCR-test form to management@swimopenstockholm.se. The teams will be invoiced the test together with the accreditations and entry fees.
- **Note:** A possible positive Covid-19 test will get the participant and roommate isolated in a roomquarantine and a tracing will be done. The Hospitality Desk will help with the booking to cost price after the event but the team will have to pay for the stay by invoice from the Swim Open office. We also help with booking for a coming PCR-test for the participants.

Swedish participants

- All Swedish participants will be AG-tested at arrival to Clarion Hotel before entrance to the bubble. The teams will be invoiced the cost for the test, **400 SEK**, together with the accreditations and entry fees.
- Mouthguards must be worn from arrival to departure with some exceptions at competition and meals.
- All Swedish participants are expected not to travel to the event by train, recommended are cars or minivans and only together with the ordinary teammates. No mix between teams are recommended.
- **Note:** A possible positive AG Covid-19 test at arrival will get the participant and the others who shared vehicle no entrance to the hotel/Swim Open bubble. All the costs for the participants will be charge as booked. The Swedish Health Authority recommendations are to stay home at least for seven days of which the last two without fever and overall good general condition.

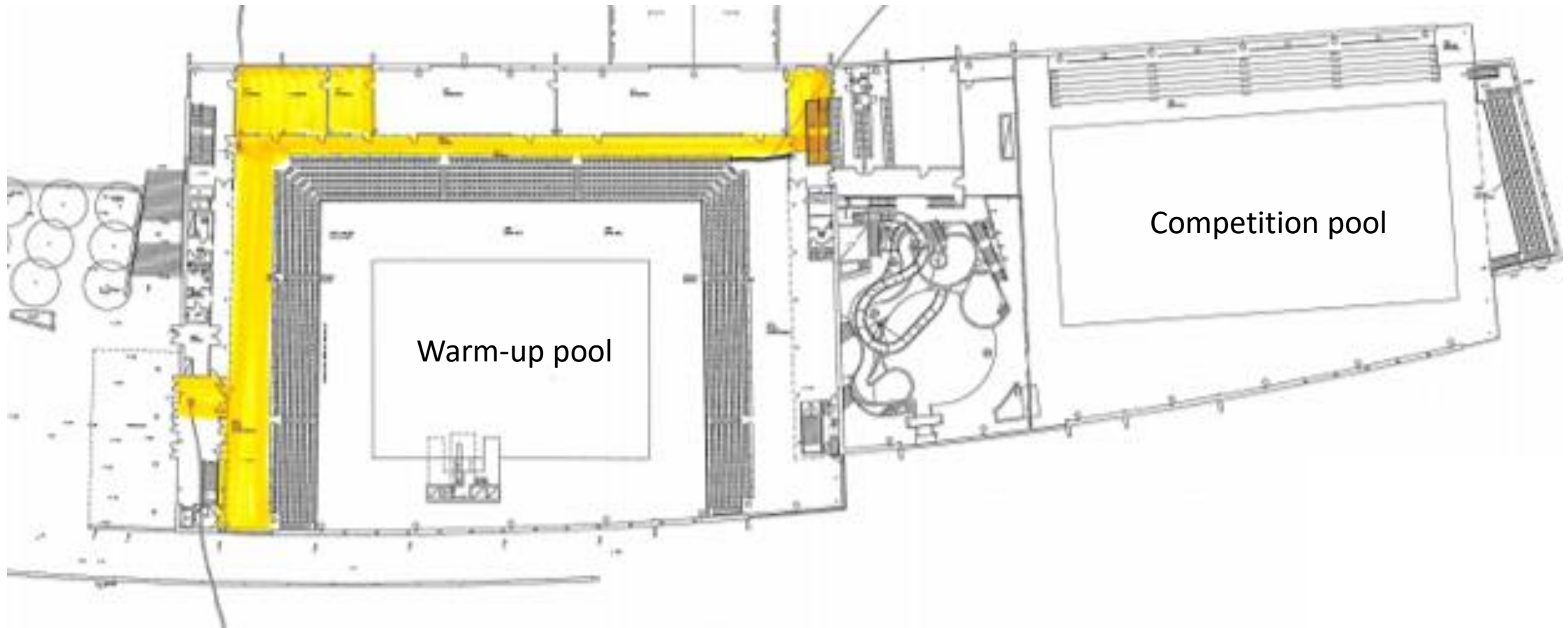
Eriksdalsbadet

- The arena will be closed for public during the event.
- Swimming school will be held (see blue area) but that not affect the Swim Open areas.
- Swim Open areas in yellow. As you see we have the entire space in the 25 m pool for warm-up, massage etc = the place to be when you are not in the racing mode.

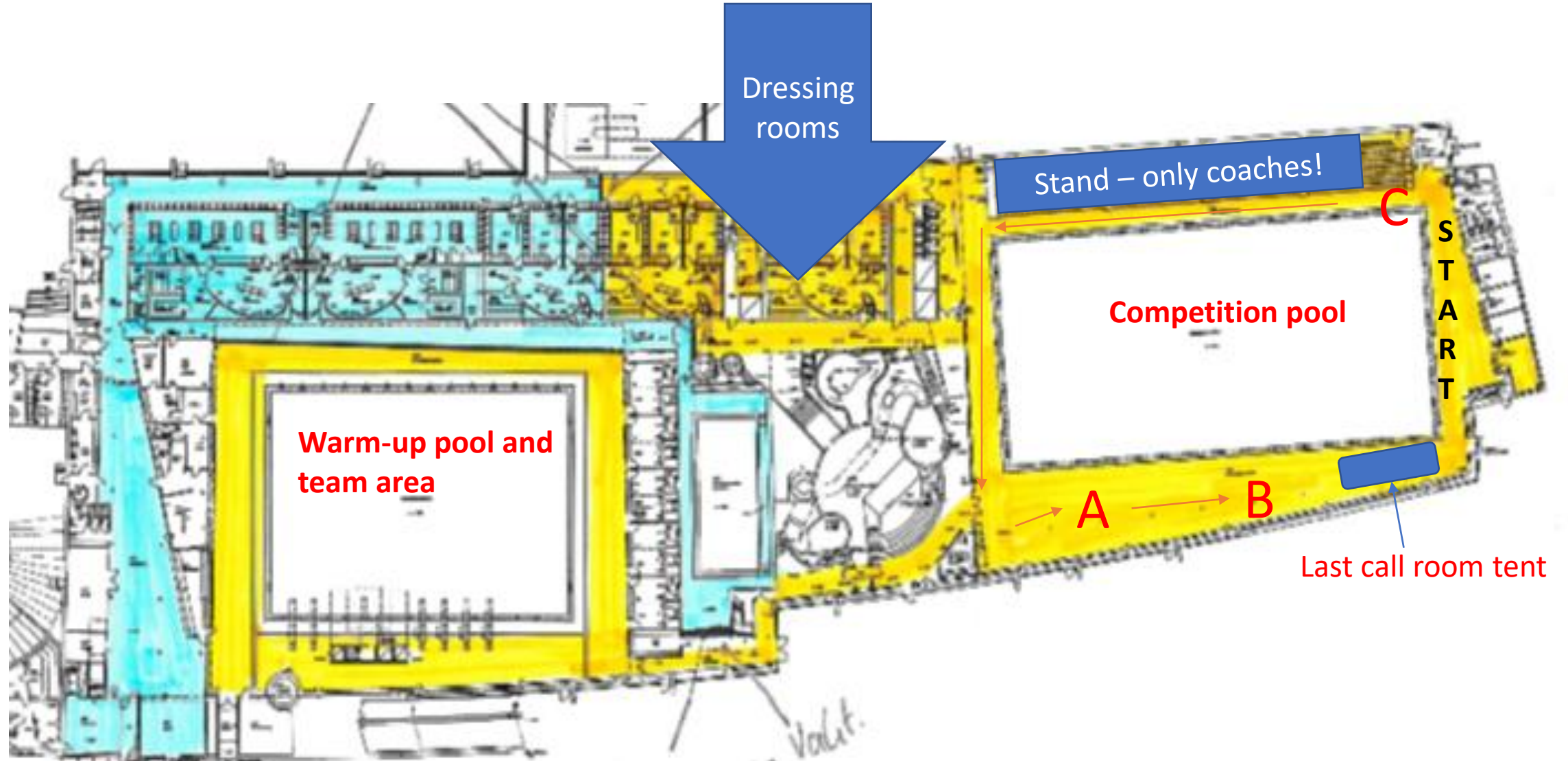


Entrance to the arena upper level


- On the footbridge from Clarion Hotel you get directly to the Swim Open entrance as earlier years, just follow the signs in the arena – go down the stairs and you are at ground level where the competition pool are and also the warm-up pool.



Competition and warm-up ground level



How to move in the arena?

1. Entrance upper level – follow the pool around – down the stairs.
2. Ground level – go to the warm-up pool on the shortside of the competition pool (2019's startside) or to the dressingrooms.
3. All competitors only walk one-way direction, see arrows 
4. Only coaches are permitted to walk between competition pool and warm-up pool area in a two way direction (between the stand and the shortside)
5. Time for competition? Go to the pool just 10 minutes before your race, stay in area **A**, 5 minutes before the race go to area **B**.
6. 1 minute before your race go to the Last call room tent, and then into the startdeck. Here you can take off you mounth guard.
7. After the race, get you clothes at **C**, pass your coach at the stand, get the "perfect race" smile from the coach and then you follow the pool either to the dressing room or go to the warm-up pool area. Keep social distance.
8. Don't forget – competitors are only allowed to be at the arena, both warm-up area and competition area, during their respective morning flights or C-B-A final.

Entries – program – update for juniors

Full FINA Event Program

Closing date for entries is the 10th of March.

Qualification period: 2019-01-01 to 2021-03-07 in 25m or 50m pool.

ATTENTION: Entry times from 50 m pools will be seeded ahead of times from 25 m pools in all events except 800 & 1500m freestyle where 25 m times will be converted to 50 m times.

- Swedish and Finnish teams do their entries in Tempus.
 - Norwegian Teams do their entries in medley.no.
- Mail the entry file (Lenex or AN) to: entry@swimopenstockholm.se
- All other foreign teams do their entries in the attached Lenex file.
 - Then mail the entryfile to entry@swimopenstockholm.se

Because of new restrictions in Sweden no juniorfinals will be held.
The junior final will instead be a C- seniorfinal.
But juniors can qualify to any seniorfinal of course, strange rule - yeah.

Thursday 8th Friday 9th Saturday 10th Sunday 11th

HEATS

200m Breast M	200m Free M	400 m Free W	200m IM M
200m Free W	100m Butterfly W	100m Free M	100m Free W
400m Free M	100m Breast M	200m Back W	50m Free M
50m Back W	400m IM W	200m Butterfly M	100m Breast W
200m Back M	100m Butterfly M	200m Breast W	50m Breast M
50m Butterfly W	100m Back W	400m IM M	200m Butterfly W
50m Butterfly M	50m Back M	200m IM W	800m Free M
1500m Free W	50m Breast W	100m Back M	800m Free W
	1500m Free M	50m Free W	

The fastest five heats of each event will be swum at the start of the morning session. After completion of all fastest heats, other heats of each event will be conducted in usual order. All heats except the final heat in 800 and 1500 freestyle will be swum at the end of the morning session. All 100/200 events in the morning session will start with a Swedish junior team qualifying heat.

B and C FINALS

200m Breast M C/B	200m Free M C/B	400 m Free W B	200m IM M C/B
200m Free W C/B	100m Butterfly W C/B	100m Free M C/B	200m Butterfly W C/B
400m Free M B	100m Breast M C/B	200m Back W C/B	50m Free M C/B
50m Back W C/B	400m IM W B	200m Butterfly M C/B	100m Breast W C/B
200m Back M C/B	100m Butterfly M C/B	200m Breast W C/B	50m Breast M C/B
50m Butterfly W C/B	100m Back W C/B	400m IM M B	100m Free W C/B
50m Butterfly M C/B	50m Back M C/B	200m IM W C/B	
	50m Breast W C/B	100m Back M C/B	
		50m Free W C/B	

C-finals = junior/youth finals are reserved for girls born 2004 and later and boys born 2003 and later.
Youth/junior swimmers qualified for A- or B-finals compete in the final they have qualified to.

A FINALS

200m Breast M	200m Free M	400 m Free W	200m IM M
200m Free W	100m Butterfly W	100m Free M	200m Butterfly W
400m Free M	100m Breast M	200m Back W	800m Free M (fastest heat)
50m Back W	400m IM W	200m Butterfly M	100m Breast W
200m Back M	1500m Free M (fastest heat)	200m Breast W	50m Free M
1500m Free W (fastest heat)	100m Back W	400m IM M	800m Free W (fastest heat)
50m Butterfly M	100m Butterfly M	200m IM W	50m Breast M
50m Butterfly W	50m Breast W	100m Back M	100m Free W
	50m Back M	50m Free W	

More event information

1. To be able to reduce the numbers of participants in the arena at the same time there will be three flights in the morning sessions. More information will be given in the upcoming INFO SHEET.
2. Each athlete should, as far as possible, only participate in one trial session daily. The athletes are divided into each start group (flight) by the organizer based on a general optimization of the numbers of athletes, their entry time and number of events they participate in morning session. Some inequality in certain heats can thus be.
3. All competitors can be entered in as many events you/they like, even if they haven't reach the qualification time. We reserves the right to limit the numbers of heats in all events.
4. Entry fee is €13/event (130 SEK) will be invoiced together with the accreditation fee before the event.
5. ACCREDITATION all swimmers who are entered in one event will automatically be issued an accreditation without application. Easy for you, and for us. But all TEAM Leader, coaches and others need to register manually by this link: <https://response.questback.com/svenskasimfrbundet/sos2021> ATTENTION: You can only do one accreditation registration at a time, so use the link/liaison for all the stab persons one at a time. It's important that all participants bring the accreditation all the time. Accrediation fee is €20/person (200 SEK).

Accomodation – Meals – Namelist - Transfer

1. Last day for payment of your accomodation is 3rd of March.
2. Cancellation policy: If canceled before 5 of March, 100 % accomodation can be canceled free of charge and advance is refunded. If canceled up to 19 March, 50% of the remaining accomodation can be canceled free of charge, and if canceled up to 23 of March 10 % of the remaining accomodation can be canceled free of charge.
3. If Swim Open would be cancelled from us as organizer after the 5th of March the Swedish Swimming Federation cover all the teams accomodation costs with **100% refund**.
4. All meals will be served at the hotel and all teams will recieve slot times. At all meals each person have 30 minutes for the meal. There will be a total of 50-75 persons at each slot time so of course there are going to be a lot of planning, and of course not all teams will be fully satisfied. But we will do our best. We will as always prioritize the best atheletes/teams first in line to get them the best opportunities for high class performances. **Note:** Maximum four persons at each table.
5. Namelist, please fill in the attached **Namelist** and return asap or latest 10th of March.
6. See attached **Transfer List**, fill in and return latest 10th os March.
For departure times at departure day please check transfer with the Hospitality desk.

Contagious preventive personal measures

Participation in this year's Swim Open take place at your own risk. Certain changes and the addition of contagious preventive measures are required in addition to those from the Swedish Public Health Authority general rules and guidelines for meetings. **Participation (= athletes/coaches/staff)** requires understanding and acceptance as below:

- All participants are required to use their own responsibility and good judgment regarding their own health status regarding **you are fully healthy** for participation at Swim Open.
- All teams must do a **Health Declaration** for each participant every morning. This ensures each participant's health status and morning temperature must be taken. You submit the Health Declaration to the Hospitality Desk at Clarion every morning before prelims. A Health Declaration doc and manual will be mailed out two weeks before the start of Swim Open. It will be individual questions like how do you feel today 1-10, sleep and temperature.
- All participants are required to use their **own CE marked mouth guards** throughout their stay, both in/around the competition arena and the hotel. Mouthguards may only be removed at dryland warm up (recommended to do outdoors), when undressing before race and of course swimming and eating.
- All participants must **continuously use the existing aclogel** stations.
- All participants must **show full consideration for necessary distancing** in all situation and not share equipment with each other.
- All competitors may **only stay in the pool area/warm-up area during their respective trial swimming and any final swimming in the C-B and A-finals**, respectively. No competitor stay at the stands, that's only an area for coaches.

Devitations from above may result in suspension from the competition for the participant concerned (both athletes/coaches/staff) if deemed necessary.

Other preventive infection measures Part 1:

- **No Team Leaders Meeting** will be held. We strive for full digitization regarding information. All necessary information will be mailed out before the start of Swim Open.
- **Withdrawals** take place digitally before and during the competition, more information "how to do" will be announced before Swim Open starts.
- **Startlists will not be posted** at walls. Start lists for each session will be available at the entrance. However, both swimmers and coaches are advised to make the most of digital heat/start information via livetiming website and app during Swim Open to stay up to date.
- **No awards will be held.** Prize winners receive a prize check which is collected from the Swim Open Bureau.
- **Coaches Corner**, coffee/tea and simple snacks (fruit) will be available at Coaches Corner, but not similar to previous years with great sandwiches/buns/cakes etc.
- **Start** will take place at the short side of the grand stand, but **this year opposite the previous one**. As far as possible, a one-way transport environment between the startdeck, pool, warm-up pool etc will be created to counteract physical encounters, barrier band will be set up with information about direction,

Other preventive infection measures Part 2:

- Morning session each day will be swum in **three separate sessions**, similar to the finals in the evening. Each athlete should, as far as possible, only participate in one trial session daily. The athletes are divided into each start group (flight) by the organizer based on a general optimization of the numbers of athletes, their entry time and number of events they participate in morning session. Some inequality in certain heats can thus be.
- **The organizer has the right to limit the number of heats** based on safety assessment regarding the number of participants/morning session. For warm-up each team will receive designated space. Two sprintlanes as usual, the outer lanes, used for speed/starts.
- At all meals the **teams will receive time slots** from the organizer. Allocated schedule must be kept for athletes. For coaches/staff, adaptation will take place. Maximum four participants/table at meal.
- **Travel to and from Swim Open Stockholm:** All international teams are picked up and dropped off at Arlanda Airport by buses organized by the Swim Open Organization. No public transport is accepted.
- **During your stay in Stockholm.** We strive to build a living environment with the Clarion Hotel and Erikdalsbadet (the pool) as transport-related meeting points, an infection-free controlled "bubble". Therefore, all participants are recommended to bring all the equipment and necessities from home in their packing so as not to have to go outside the bubble. The Swim Open Hospitality Desk at the Clarion Hotel can be at help if necessary.

See you all soon – and if you have any questions, do not hesitate contact me, no questions are insignificant these days.

Best regards,

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Manager

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